

Guinea Pig safe VEGGIES

Daily

- Cucumber
- Capsicum (all colours) ☆
- Zucchini ☆
- Choko ☆
- Cos / Red Leaf / Green Leaf / Romaine Lettuce

4ish Times Weekly

- Celery (stalk & leaves)
- Tomato
- Corn Husk
- Watercress ☆
- Corriander

1-2ish Times Weekly

- Whole Corn
- Parsley ☆
- Kale ☆
- Broccoli ☆
- Carrot
- Bok Choy
- Fennel ☆
- Pumpkin
- Spinach ☆
- Silverbeet

Never!

- Onion
- Mushroom
- Chilli
- Avocado
- White Potato

Important notes!

As always, moderation is key! Try to mix and match veggies as much as possible for happy & healthy pigs!

A note on vitamin C: Vitamin C is key! High Vit C foods have been marked with a '☆'. Feed these often! (Remember the rules of variety & moderation!)

A note on oxalates: Higher oxalate levels are seen in foods like spinach, kale, parsley, and silverbeet. Occasionally, oxalates have been linked to bladder stones. So please be sure to vary these in your piggies diet!